

SCHOOL BASED EVALUATION TEST - YEAR 2019



COMPETENCY BASED CURRICULUM EXAM - GRADE 1

STEP FLYER

002

HYGIENE AND NUTRITION ACTIVITIES

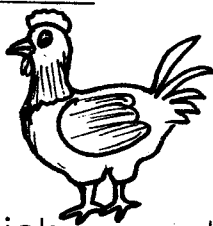
1

YOUR NAME: SCHOOL: DATE:

1. Dirty bodies smell _____
(good, bad)

2. We eat the _____ of
tomatoes.
(leaves, fruits)

3. This is a _____



(a duck, hen)

4. When we are sick we go to

(school, hospital)

5. Handkerchiefs should not
be _____
(shared, burnt)

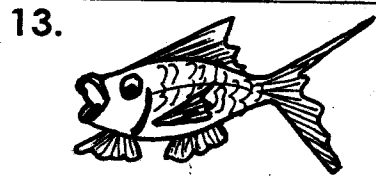
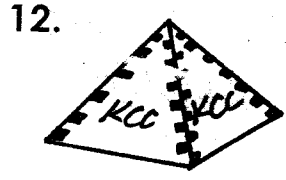
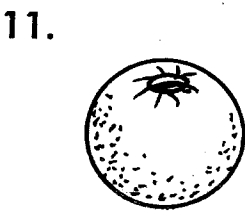
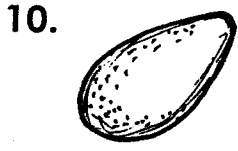
6. We eat _____ of potatoes.
(stem, roots)

7. _____ has one seed.
(mango, pawpaw)

8. My hair is _____ in colour.
(white, black)

9. I have _____ toes.
(5, 10, 20)

Name the following foods.



_____ (fish, tomato, milk, egg)

14. We see with our _____
(ears, eyes)

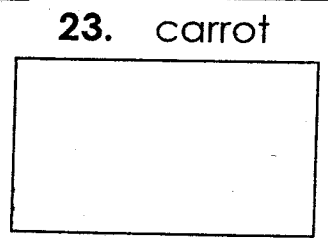
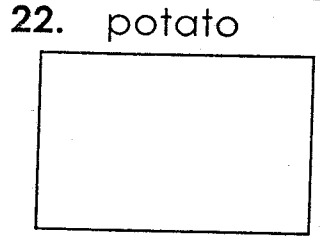
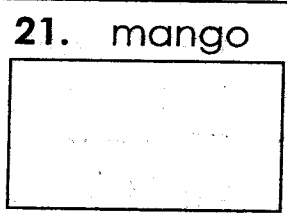
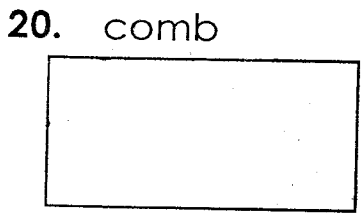
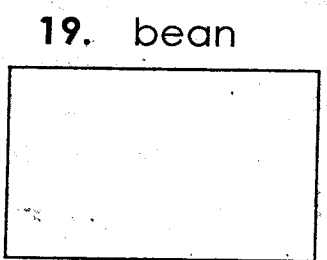
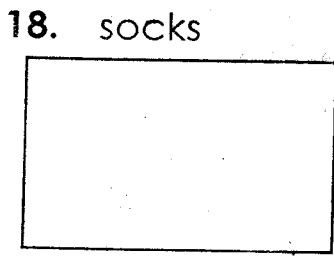
15. We should _____ our hands
after visiting the toilet.
(brush, wash)

16. We should _____ everyday
to be clean.
(sleep, bathe)

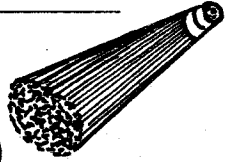
17. Drinking water should be

(cooked, boiled)

Draw the pictures.








24. I have _____ eyes.
(3, 2)
25. A cow gives us _____ and
26. _____
27. Bees give us _____
(honey, salt)
28. This is a _____



(broom, comb)

29. Brushing teeth while the tap is on is _____
(good, bad)

Match the picture with the word.

- | | | |
|-----|---|------------|
| 30. |  | basin |
| 31. |  | towel |
| 32. |  | toothbrush |
| 33. |  | toothpaste |
| 34. |  | comb |

35. Towel should not be _____
(cleaned, shared)
36. A lemon tastes _____
(sweet, sour)
37. _____ gives our bodies energy.
(Food, Soil)
38. Which one is **not** a form of medicine _____
(capsules, water)
39. Dirty hands will make us _____
(fat, sick)

40. Sweets spoil our _____
(teeth, mouth)
Name the following pictures.

41.



so ___ p

42.



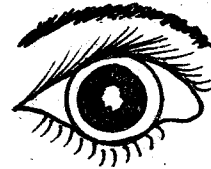
h ___ nd

43.



w ___ ter

44.



ey ___

45.



e ___ r

46. We use a _____ to wipe our faces.
(towel, blanket)
47. _____ is green in colour.
(egg, banana)
48. We eat the _____ of sugarcane.
(stem, roots)
49. Too much salt or sugar is _____ for our health.
(good, bad)
50. Clean teeth do not _____
(shine, smell)