

# SCHOOL BASED EVALUATION TEST -YEAR 2019



## COMPETENCY BASED CURRICULUM EXAM -GRADE 3

STEP FLYER

002

### HYGIENE & NUTRITION ACTIVITIES

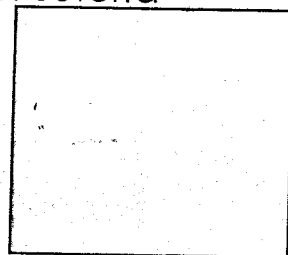
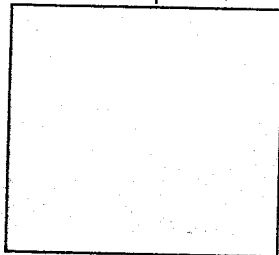
3

YOUR NAME: ..... SCHOOL..... DATE.....

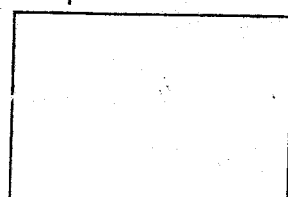
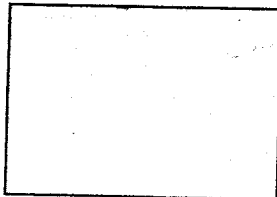
1. Eyes help us to \_\_\_\_\_  
(eat, see, walk).
2. Milk make our \_\_\_\_\_ and
3. \_\_\_\_\_ to be healthy.  
(eyes and teeth, teeth and bones)
4. Our food is cooked in the \_\_\_\_\_  
(kitchen, bedroom)
5. The tongue is for \_\_\_\_\_  
(eating, tasting)
6. A human being has \_\_\_\_\_  
senses.  
(4, 5, 6)
7. A goat is a \_\_\_\_\_ animal.  
(domestic, wild)
8. An orange has a \_\_\_\_\_ taste.  
(sweet, sour, bitter)

#### Draw the utensils.

9. a cup      10. sufuria

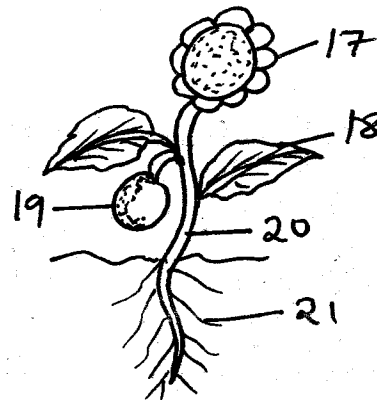


11. knife      12. pot



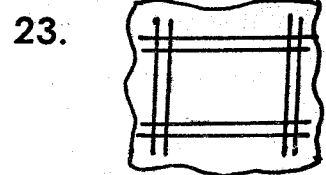
13. I use a \_\_\_\_\_ when I bathe.  
(towel, handkerchief)
14. Unhealthy food is called \_\_\_\_\_  
(bad, junk, rotten)
15. Food \_\_\_\_\_ is a message that  
tells us to buy food.  
(advertisement, preaching)
16. Dirty hair can have \_\_\_\_\_  
(lice, rice)

#### Name the parts of a plant.

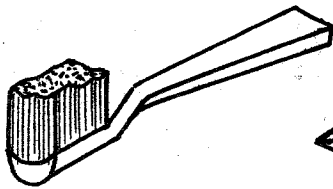


17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_
21. \_\_\_\_\_

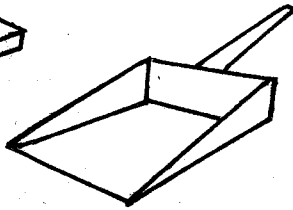
#### Name these items.



24.



25.



26. Boys and men use \_\_\_\_\_  
(toilet, urinals)

27. Seeds are found in a \_\_\_\_\_  
(fruit, root, leaf)

28. We store water in \_\_\_\_\_

29. \_\_\_\_\_ and 30. \_\_\_\_\_

31. I eat lunch at \_\_\_\_\_ time.  
(morning, noon)

32. Name three things we use to  
clean our house \_\_\_\_\_

33. \_\_\_\_\_

34. \_\_\_\_\_

Study the weather.

Day	Morning	Afternoon
Monday		
Tuesday		
Wednesday		

35. On which day did the pupils  
carry umbrellas to school  
\_\_\_\_\_

36. Which day was sunny?  
\_\_\_\_\_

37. Wednesday was \_\_\_\_\_ in the  
afternoon.

38. The best day to fly kites was  
\_\_\_\_\_

39. Which day was sunny and  
windy? \_\_\_\_\_

40. Moving air is called \_\_\_\_\_  
(sun, wind, storm)

41. Name three sources of heat  
\_\_\_\_\_

42. \_\_\_\_\_

43. \_\_\_\_\_

44. A dog sleeps in the \_\_\_\_\_  
(kitchen, kennel, pot)

45. Food makes the body \_\_\_\_\_  
and 46. \_\_\_\_\_

47. A spider has \_\_\_\_\_ legs.

48. Animals found in the forest  
are called \_\_\_\_\_

(domestic, wild, lion)

49. A \_\_\_\_\_ treats our teeth.

(dentist, doctor, nurse)

50. We should brush our teeth  
\_\_\_\_\_ times a day.

(4, 2, 3)