

A vertical photograph on the left side of the page. It shows a person in silhouette standing on a rooftop or balcony, looking through binoculars. The background is a city skyline at sunset or sunrise, with a warm orange and yellow sky and scattered clouds. The person is wearing a dark jacket and pants.

GREG ANDERSON

Focus on the
journey, not the
destination. Joy
is found not in
finishing an
activity but in
doing it.