

## INSTRUCTION TO CANDIDATES

1. Read the test carefully
2. You are advised to spend 30 minutes to come up with a plan of work which will be used for the practical
3. Text books and recipes may be used during planning session as reference material
4. You will be expected to keep to your order of work during practical session
5. At the end of planning session, two copies of the plan are to be handed over to the supervisor.  
The question paper and plan of work will be handed back to you at the beginning of the practical session.
6. You are not allowed to bring additional notes to the practical session.

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### PLANNING SESSION: 30 MINUTES

Use separate sheet of paper for each task listed below and use carbon paper to make duplicate copies. Then proceed as follows:

- 1) Identify the dishes and write down the recipes.
- 2) Write down your plan/order of work.
- 3) Write a shopping list of the food stuffs you will require and a list of equipment.

### THE TEST

Your friend is coming to visit you over the holiday, using the ingredients listed below, prepare, cook and present tea and 2 suitable items for 4 o'clock tea. One of the items must be fried. Prepare enough for the two of you.

#### Ingredients

Baking Wheat Flour

Baking powder

Sugar

Margarine

Oil

Eggs

Tea leaves/cocoa

Milk

Bread

Dhania

Tomatoes