

SECTION A - (40 MARKS)

Answer all the questions in this section.

1. Suggest how the skin can contribute to healthy bones. (1mk)

2. Give two reasons why you should advise your friend who is planning her kitchen to include a colander as one of kitchen equipment. (2mks)
 - i.
 - ii.

3. State two reasons why emotional needs are valuable to expectant mothers. (2mks)
 - i.
 - ii.

4. Give two personal habits that can enhance personal appearance. (2mks)
 - i.
 - ii.

5. Give two reasons why sodium bicarbonate is recommended as a raising agent for ginger cookies. (2mks)
 - i.
 - ii.

6. Suggest two ways of protecting a baby from nappy rash. (2mks)

i.

ii.

7. Mention three factors that determine the efficiency of a detergent. (3mks)

i.

ii.

iii.

8. Suggest two reasons why heavy fabrics such as velvet is suitable for making Upholstery. (2mks)

i.

ii.

9. Suggest four ways of preventing spread of tuberculosis. (2mks)

i.

ii.

iii.

iv.

10. Mention four factors that affect choice of building. (2mks)

i.

ii.

iii.

iv.

11. Explain two reasons why kitchen hygiene is important in homes. (2mks)

i.

ii.

12. Mention two economic factors that should be kept in mind when selecting Laundry equipment. (2mks)

i.

ii.

13. Explain why static charge developing garments get soiled easily. (1mk)

14. State three points to consider when choosing sleeves. (3mks)

i.

ii.

iii.

15. State 2 functions of openings in a garment. (2mks)

i.

ii.

16. List down four characteristics of a good stitch. (2mks)

i.

ii.

iii.

iv.

17. Suggest two deficiency diseases in children under five that can be manifested following the political instability in any country. (2mks)

i.

ii.

18. State two precautionary measures you will take when cleaning a sick bay. (2mks)

i.

ii.

19. Define the following concepts and state the importance of each in garment construction;

a. Stay stitching (1mk)

b. Top stitching (1mks)

20. State the reason why V.C.T is now popular in ante-natal clinics. (1mk)

21. Suggest two harmful practices when laundering wool that will be overcome by blending wool and nylon. (1mk)

i.

ii.

SECTION B – (20 MARKS) – Compulsory

22. Your sister has gone for a seminar and has requested you to help her with her household activities;

a. Outline steps you will follow in laundering a white cotton handkerchief you will use. (7mks)

b. Describe with reasons how you will thorough clean a hurricane lamp. (8mks)

c. With reasons give the procedure of cleaning a long handled soft broom made of plain wood. (5mks)

SECTION C – (40 MARKS)

Answer any two questions in this section

23.a. Explain 4 reasons for the increased use of convenience foods. (4mks)

b. Explain three ways in which ignorance would lead to malnutrition. (6mks)

c. Describe the procedure required in preparing fish for smoking as a method of preserving it. (4mks)

d. With the aid of well labelled diagrams, explain the procedure of working machine fell seam, worked on the right side. (6mks)

- 24.a. Suggest six ways of identifying a child suffering from kwashiorkor. (6mks)
- b. State five precautions to take when using biogas. (5mks)
- c. What observation should one make when choosing flowers for arrangements. (5mks)
- d. Highlight the problems one will encounter while stitching an article of nylon fabric. (4mks)
- 25.a. By use of diagrams, describe the working of calico patch. (7mks)
- b. Explain four traditional methods of food preservation. (8mks)
- c. Outline five qualities to look for when selecting charcoal iron box. (5mks)