

29.12.2 Home Science Paper 3 (441/3)

441/3
HOME SCIENCE (FOODS AND NUTRITION)
Paper 3
PRACTICAL
Oct./Nov. 2008
1³/₄ hours

THE KENYA NATIONAL EXAMINATIONS COUNCIL
Kenya Certificate of Secondary Education
HOME SCIENCE (FOODS AND NUTRITION)
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PRACTICAL
1³/₄ hours

INSTRUCTIONS TO CANDIDATES

PLANNING SESSION: 30 minutes
PRACTICAL TEST SESSION: 1¹/₄ hours

1. *Read the test carefully.*
2. *Write your name and index number on every sheet of paper used.*
3. *Text books and recipes may be used during the planning session as reference materials.*
4. *You will be expected to keep to your order of work during the practical session.*
5. *You are only allowed to take away your reference materials at the end of the planning session.*
6. *You are not allowed to bring additional notes to the practical session.*

These instructions consists of 2 printed pages

Candidates should check the question paper to ascertain that both pages are printed as indicated and no questions are missing.

THE TEST

Your aunty is convalescing at home after an abdominal operation. Using the ingredients listed below, prepare, cook and present a suitable meal to include a nutritious drink for both of you.

Ingredients

Irish potatoes
Oranges/passion fruits
Onions
Sugar
Tomatoes
Fat/oil
Salt
Liver/Green peas
Milk
Green leafy vegetables.

PLANNING SESSION – 30 MINUTES

Use separate sheets of paper for each task listed below and a carbon paper to make duplicate copies. Then proceed as follows:

1. identify the food items and write down their recipes;
2. write down your order of work;
3. make a list of the food stuffs, materials and equipment you will require.