

HUMAN GROWTH AND DEVELOPMENT

4

MOUNT KENYA UNIVERSITY

SCHOOL OF EDUCATION

DEPARTMENT OF EDUCATIONAL PSYCHOLOGY AND FOUNDATIONS

BEP 1102: HUMAN GROWTH AND DEVELOPMENT

Contact Hours: 42

Credit Hours: 3

Pre-requisites: None

Purpose

To familiarize students with

- i) Concepts of human growth and development in relation with learning.
- ii) Needs and demands of development changes.

Expected Learning Outcomes

By the end of the course unit the learners should be able to:

- i) Explain the concepts of human growth and development
- ii) Identify and describe needs and demands of developmental changes.
- iii) Discuss theories of learning in relation to human development.
- iv) Identify conditions necessary for healthy human growth and development

COURSE OUTLINE

TOPIC	SUBTOPIC	WEEK	REMARKS
INTRODUCTION TO HUMAN GROWTH & DEVELOPMENT	<ul style="list-style-type: none">➤ Define the term human growth➤ The relationship between the term human growth and development➤ Principles of human growth and development➤ Importance of studying human growth and development	1	
THEORIES OF HUMAN GROWTH & DEVELOPMENT	<ul style="list-style-type: none">➤ Role & functions of theories➤ Gessels theory of motivation➤ Psychoanalytic theory of Sigmund Freud➤ Psychosocial theory of Erik Erikson's	2	
THEORIES OF HUMAN GROWTH &	<ul style="list-style-type: none">➤ Jean Piaget's theory of cognitive	3	

Recommended for use

[Signature] 17/8/14

Mount Kenya University
Dean, School of
Education

DEVELOPMENT	<ul style="list-style-type: none"> development ➤ Social learning theory by A. Bandura ➤ Determinants of development 		
PRENATAL STAGE OF HUMAN DEVELOPMENT	<ul style="list-style-type: none"> ➤ Prenatal development stages ➤ Factors effecting prenatal development ➤ Abnormal genes and chromosomes ➤ Environmental influence (Teratogens) ➤ The birth process and its implications 	4	
THE NEONATE STAGE	<ul style="list-style-type: none"> ➤ Physical signs and tests used to ascertain normality ➤ Behavioral capacities used to ascertain Neonates ➤ Reflective behaviors ➤ Sensory capacities of Neonates ➤ Limitations of Neonates ➤ Gender differences of Neonates 	5	
CHILDHOOD STAGE	<ul style="list-style-type: none"> ➤ Changes in height and weight in a child ➤ Development of the brain and the nervous system ➤ Factors affecting physical and motor development ➤ Importance of motor development 	6	
PERCEPTUAL DEVELOPMENT OF CHILDHOOD	<ul style="list-style-type: none"> ➤ Perceptual development ➤ Development of different types of perception ➤ Factors influencing perceptual development 	7	
COGNITIVE DEVELOPMENT OF CHILDHOOD	<ul style="list-style-type: none"> ➤ Define the term cognition ➤ Jean Piaget stages of cognitive development ➤ Factors influencing cognitive development 	8	
LANGUAGE DEVELOPMENT IN CHILDHOOD	<ul style="list-style-type: none"> ➤ Define the term language development ➤ Process of language acquisition ➤ Factors influencing language development 	9	
SOCIAL DEVELOPMENT IN CHILDHOOD	<ul style="list-style-type: none"> ➤ Theories of social development ➤ The process of social development ➤ Agents of socialization 	10	

	<ul style="list-style-type: none"> ➤ The role of play in social development ➤ Factors influencing social development 		
EMOTIONAL DEVELOPMENT IN CHILDHOOD	<ul style="list-style-type: none"> ➤ Emotional development ➤ Expression of emotions ➤ Recognizing and interpreting emotions ➤ Importance of emotional development 	11	
MORAL DEVELOPMENT	<ul style="list-style-type: none"> ➤ Piaget's theory of moral development ➤ Kohlberg's theory of moral development ➤ Factors influencing moral development ➤ Adolescent growth and development i.e. Physical, cognitive and psychological development 	12	
ADOLESCENCE STAGE OF DEVELOPMENT	<ul style="list-style-type: none"> ➤ Adolescent moral development ➤ Social and moral development of adolescents 	13	
MIDDLE AND ADULTHOOD DEVELOPMENTAL STAGE	<ul style="list-style-type: none"> ➤ Characteristics of late adulthood development stage ➤ Challenges involved in middle and late adulthood development ➤ Solutions to the challenges of adulthood development 	13	
EXCEPTIONAL CHILDREN	<ul style="list-style-type: none"> ➤ Conditions necessary for a healthy child ➤ Characteristics of normal and special children ➤ Characteristics of exceptional children ➤ How to deal with exceptional children 	14	

Teaching / Learning Methodologies

- Lectures
- Tutorials
- Class discussion

Instructional Materials and Equipment

- Handouts
- Chalk board

Course Assessment

Examination	70%
Continuous Assessments (Exercises and Tests)	30%
Total	100%

Recommended Text Books

- i. Berger K.S and Thompson R.A (1995), *The developing person through childhood and adolescence*. NY worth Publishers
- ii. Craig G. (1992) *Human development*, prentice Hall Inc.
- iii. Dacey J and Travellers (1991) *Childhood around the lifespan*, Brown and Benchmark publishers
- iv. Musson P. (1974) *Childhood development and personality*.

Mount Kenya University
DEPARTMENT OF EDUCATIONAL
PSYCHOLOGY AND FOUNDATIONS
H.O.D'S OFFICE

Date: 10/6/2014

**MOUNT KENYA UNIVERSITY
SCHOOL OF SOCIAL SCIENCES
DEPARTMENT OF LANGUAGES
SCHOOL-BASED PROGRAMME**

BUCU 001: COMMUNICATION SKILLS**CREDIT HOURS: 7****CONTACT HOURS: 21****PURPOSE:**

The purpose of this course is to help students undertake university courses efficiently and effectively. As university students, one is expected to understand, apply, analyze and share it with others. This will determine how knowledgeable one will be on the specific subjects under study.

OBJECTIVES

- Develop strong communication skills for success in academic pursuit as well as in every aspect of life.
- Develop and apply various communication techniques through information analysis, interpretation, clear thinking, organization, problem solving and library research.
- Develop independent learning skills while at the same time learning to work effectively with others in a group.
- Acquire general learning and critical thinking skills, which should creatively be applied when learning their subjects in the university

SUB-TOPICS	HOURS	REMARK
9. Introduction to communication - Meaning, key phrases, importance, elements and principles of communication	2	
10. Types of communication Categories of non-verbal communication, Factors to	2	

consider when using non - verbal communication objectives of communication, barriers to communication, Essentials of effective communication		
11. Listening and critical thinking Definition of listening, importance, listening process types of listening, effective listening, overcoming listening barriers.	3	
12. Reading Skills: Scanning, skimming, Active/detailed, Extensive, Intensive, light and word by word reading. Definition of reading, Purpose, Types of Reading, reading strategies.	2	
13. Note - taking: Advantages, how to take notes	2	
14. Writing skills Paragraph writing, essay writing, summary writing analyzing notes, quoting, paraphrasing drafting and editing.	2	
15. Library user skills - Types of libraries, information sources, types of information sources, organization in the library, classification and cataloguing	2	
16. Communication and Technology Information technology as a tool for communication		
		TAKE AWAY

	ASSIGNME NT	
--	----------------	--

Teaching / Learning Activities

- Discussions
- Demonstration
- Explanation
- Note taking

Course Assessment

Examination	-	70%
CAT	-	15%
Assignments	-	15%

Bibliography

- Shalini Aggarwal (2009): Essential Communication Skills
- Leena Sen (2007) Communication skills; prentice Hall of India, New Delhi
- Summers (2006): Communication Skills Handbook; JW
- Okombo Okoth (1990) A Student guide to writing and study skills: Nairobi University Press.

Dr David W Nguti

Mount Kenya University
Deen, School of
Social Sciences