Mount Kenya University

SCHOOL OF EDUCATION
DEPARTMENT OF EDUCATIONAL PSYCHOLOGY AND FOUNDATIONS

BACHELOR OF EDUCATION
SCHOOL BASED

UNIT CODE: BEP 2201
UNIT TITLE: GUIDANCE AND COUNSELLING IN EDUCATION

DATE: AUGUST 2014
TIME: 2 HOURS

INSTRUCTIONS: ANSWER QUESTION 1 IN SECTION A AND ANY OTHER TWO QUESTIONS IN SECTION B.

SECTION A:

1. a) Define the following terms:
   i) Guidance
   ii) Counseling
   (2 Marks)

b) Explain how counseling was done in the traditional African societies. (6 Marks)

c) Describe the three stages in the counseling process. (6 Marks)

d) Effective counseling is dependent on skills. How can the following skills be used in a counseling session?
   i) Observation
   ii) Immediacy
   iii) Listening
   (6 Marks)
c) Describe the functions of a school counselor.

b) As a member of the guidance and counseling department, how would you tell if a child has psychological problems?

SECTION B:

2. a) Describe how divorce and separation of parents may affect children in school.

b) How would you support such children in your school.

(12 Marks)

(8 Marks)

3. a) Evaluate the effects of a traumatic experience on an individual.

b) Explain the role of a counselor in helping such a victim.

(10 Marks)

(10 Marks)

4. a) Describe the following maladaptive peer interactions:

i) Enuresis

ii) Lying

iii) Stealing

b) Identify five ways in which parents contribute to the above maladaptive behavior in their children.