NAME:………………………………………………….. INDEX NO:………………………………

 CANDIDATE’S SIGNATURE:…………………………DATE…………………………………….

**441/3**

**HOME SCIENCE**

**JULY, 2019**

**PAPER 3**

**(Food & Nutrition – Practical )**

**TIME: 1 ¾ HOURS**

**BUURI EAST STANDARDS**

***Kenya Certificate of Secondary Education***

**HOME SCIENCE 441/3**

**1 ¾ Hours**

**INSTRUCTIONS TO CANDIDATES.**

**PLANNING SESSION**: 30 Minutes

**PRACTICAL TEST SESSION**: 1 ¼ hours

1. Read the test carefully.
2. Write your name and index number on every sheet of paper used.
3. Text books and recipes may be used during the planning session as reference material.
4. You will be expected to keep to your order of work during the practical session.
5. You are only allowed to take away your reference materials at the end of the planning session.
6. You are not allowed to bring additional notes to the practical session.

**THE TEST**

You have invited your aunt for supper. Using all the ingredients listed below, prepare, cook and present a one dish meal and a dessert for the two of you.

**Ingredients:**

* Pineapple
* Onions
* Salt
* Potatoes
* Minced meat/Soya chunks
* Fat/oil
* Tomatoes
* Pawpaw/mangoes
* Ripe bananas
* Sugar
* Lemon
* Melon
* Carrots

**PLANNING SESSION – 30 MINUTES**

Use separate sheets of paper for each task listed below and a carbon paper to make duplicate copies then proceed as follows.

1. Identify the dishes and write the recipes.
2. Write down your order of work.
3. Make a list of the food stuff and equipment you will require.

\*\*\* E N D \*\*\*