**441/3**

**HOME SCIENCE**

**FOODS AND NUTRITION**

**PRACTICAL**

**PAPER 3**

**JUNE, 2018**

**1 ¾ HOURS**

**KASSU JOINT EXAMINATIONS**

**Kenya Certificate of Secondary Education 2018**

 **HOMESCIENCE**

 **FOODS AND NUTRITION**

 **(PRACTICAL)**

**PLANNING SESSION: 30 MINUTES**

**PRACTICAL TEST SESSION 1 ¼ HOURS**

**INSTRUCTIONS TO CANDIDATES**

* *Read the test carefully.*
* *Write your name and index number on every sheet of paper used.*
* *Textbooks and recipes may be used during the planning session as reference materials.*
* *You will be expected to keep to your order of work during the practical session.*
* *You are allowed to take away ONLY your reference materials at the end of the planning session.*
* *You are not allowed to bring additional notes to the practical session.*

**This paper consists of 2 printed pages Candidates should check the question paper to ensure that both pages are printed as indicated and no questions are missing.**

**THE TEST**

You are expecting your friend to visit you at mid- morning. Using **ALL** the ingredients listed below; prepare, cook and serve a brunch for two to include;

1. Tea and two tea items
2. A one course meal
3. A dessert

 **Ingredients**

* + Milk
	+ Eggs/sausages
	+ Sweet potatoes
	+ Spaghetti
	+ Fish fillet/ chicken
	+ Kales/ Spinach
	+ Tomatoes
	+ Capsicum (hoho)
	+ Onions
	+ Dhania(Coriander)
	+ Sugar
	+ Cooking fat/ oil
	+ Seasoning
	+ Tea leaves
	+ Fruits in season

**PLANNING SESSION 30 MINUTES**

Use separate sheets of paper for each task listed below and use carbon paper to make duplicate

copies then proceed as follows:

1. Identify the dishes and then write down their recipes.
2. Write down your order of work.
3. Make a list of the foodstuffs and equipment you will require.