

Mount Kenya



University

UNIVERSITY EXAMINATION 2015/2016

SCHOOL OF EDUCATION
DEPARTMENT SPECIAL NEEDS EDUCATION

BACHELOR OF EDUCATION IN SPECIAL NEEDS
SCHOOL BASED

UNIT CODE: BSE2209

UNIT TITLE: ADAPTED P.E, GAMES
AND SPORTS

DATE: DECEMBER 2015

MAIN EXAM

TIME: 2 HOURS

INSTRUCTIONS: ANSWER ALL QUESTIONS IN SECTION A AND ANY OTHER
TWO IN SECTION B

SECTION A

1. a) Explain the following concepts;
 - i. Adapted Physical Education. (2 Marks)
 - ii. Corrective therapy. (2 Marks)
 - iii. Habilitation. (2 Marks)
 - iv. Recreation therapy (2 Marks)

- b) Suggest three instructional methods suitable for the mentally impaired learner clearing a P.E lesson. (3 Marks)

- c) State any four outdoor games in an inclusive arrangement. (4 Marks)

- d) Identify five principles of adapted physical education. (5 Marks)

- e) Identify four reasons behind the adaptations of physical activities games and sports. (4 marks)

- f) State any three characteristics of an adapted P.E teacher. (3 Marks)
- g) Explain any three benefits of adapted P.E and sports. (3 Marks)

SECTION B

2. Identify and explain Curriculum areas that need adaptation in physical education for successful participation of learners with disabilities. (20 Marks)
3. i) State the characteristics of an Autistic child. (5 Marks)
- ii) With the characteristics identified in (3i) above, suggest adaptations necessary for a successful soccer game for a learner who is Autistic. (15 Marks)
4. Using relevant examples, explain the adaptation necessary for races to ensure successful participation of learners with disabilities. (20 Marks)
5. a) The use of relevant instrument and communication techniques is crucial in teaching skills in adapted P.E. explain briefly what is meant by the following in response to above:
- i. Individualized Education Programme
 - ii. Task Analysis
 - iii. Sign language
 - iv. Kinesthetic Guidance
 - v. Visual Clues (10 Marks)
- b) Explain the key roles of an adapted P.E Teacher. (10 Marks)