

1410/204

**HUMAN GROWTH, DEVELOPMENT
AND COMMUNITY HEALTH**

June/July 2016

Time: 3 hours

MANYAM FRANCHISE



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THE KENYA NATIONAL EXAMINATIONS COUNCIL

NATIONAL CERTIFICATE IN SOCIAL DEVELOPMENT

HUMAN GROWTH, DEVELOPMENT AND COMMUNITY HEALTH

3 hours

INSTRUCTIONS TO CANDIDATES

*This paper consists of FIFTEEN questions in TWO sections; A and B.
Answer ALL the questions in BOTH sections in the answer booklet provided.
Maximum marks for each part of a question are indicated.
Candidates should answer the questions in English.*

This paper consists of 2 printed pages.

**Candidates should check the question paper to ascertain that all
the pages are printed as indicated and that no questions are missing.**

SECTION A: (40 marks)

Answer ALL questions from this section.

1. Explain **five** primary prevention methods applied to the environment. (5 marks)
2. Outline **four** groups of people that are at higher risk of contracting diseases. (4 marks)
3. Highlight **three** functions of a dispensary. (3 marks)
4. Give **three** demerits of rain water. (3 marks)
5. (a) Describe **four** methods of controlling houseflies. (4 marks)
(b) Explain **three** benefits of counselling to learning institutions. (3 marks)
6. Outline **three** syndromes of protein-energy deficiency. (3 marks)
7. Highlight **five** methods to adopt in a bid to change a difficult learner's attitude. (5 marks)
8. Describe **three** principles for managing communicable diseases. (3 marks)
9. Identify **three** effects of sleep deprivation. (3 marks)
10. Outline **two** functions of maternal and child health. (2 marks)
11. State **two** purposes of home visits. (2 marks)

SECTION B: (60 marks)

Answer ALL questions from this section.

12. (a) Describe **five** guidelines for good community nutrition. (10 marks)
(b) Outline **five** characteristics shown by people with anti-social personality disorder. (5 marks)
13. (a) Describe **five** features of adolescent stage in human development. (10 marks)
(b) Highlight **five** causes of malnutrition. (5 marks)
14. (a) Explain **five** measures that the Ministry of Health may undertake to reduce teenage motherhood. (10 marks)
(b) Highlight **five** factors that contribute to bacterial and toxic contamination of foods. (5 marks)
15. (a) Explain **five** challenges experienced in the refugee camps. (10 marks)
(b) Outline **five** benefits of keeping good records for an individual patient. (5 marks)

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