**KAHUHO UHURU HIGH SCHOOL**

**HOMESCIENCE FOM TWO**

**TUNE UP EXAM 1ST TERM 2011**

**ANSWER ALL QUESTIONS IN THE BLANK SPACES PROVIDED (25 marks)**

1. Write down five qualities of a well made seam. (5mks)

(i)

(ii)

(iii)

(iv)

(v)

1. State five methods of neatening seams. (5mks)

(i)

(ii)

(iii)

(iv)

(v)

1. Explain with illustrations the working of an overlaid seam. (10mks)

(i)

(ii)

(iii)

(iv)

(v)

1. In each of the given minerals, give two functions . (5mks)
2. Sodium

(i)

(ii)

1. Iron

(i)

(ii)

© Iodine

(i)

(ii)

(d) Flourine

(i)

(ii)

(e) Calcium

(i)

(ii)

**KAHUHO UHURU HIGH SCHOOL**

**HOMESCIENCE FORM ONE**

**TUNE UP EXAM 1ST TERM 2011**

**ANSWER ALL QUESTIONS IN THE BLANK SPACES PROVIDED (25 MARKS)**

1. Give five examples of large sewing equipment. (5mks)

(i)

(ii)

(iii)

(iv)

(v)

1. Describe any three sewing equipment and tools required for transferring pattern marks to a fabric. (3mks)

(i)

(ii)

(iii)

1. State the three categories of permanent stitches and for each give two example in each case. (9mks)

Permanent Stitches Examples

(i) (i)

(ii)

(ii) (i)

(ii)

(iii) (i)

(ii)

1. Four methods of steaming as a cooking method include. (4mks)

(i)

(ii)

(iii)

(iv)

(v)

1. Mention four properties of woolen fabrics. (4mks)

(i)

(ii)

(iii)

(iv)

(v)

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**HOMESCIENCE FORM THREE**

**TUNE UP EXAM 2011**

**SECTION A**

**ANSWER ALL QUESTIONS IN THE SPACES PROVIDED (25 MARKS)**

1. Highlight two characteristics of buffet service. (2mks)

(i)

(ii)

1. Identify a nutritional disorder associated with high consumption of each of the following nutrients. (2mks)
2. Sugar
3. Flourine
4. Give two reasons why butter is suitable for creaming in cake making.

(i)

(ii)

1. Explain the following terms
2. Inflation
3. Consumer rights
4. Give two reasons why weaning a baby too early is discouraged. (2mks)

(i)

(ii)

1. Name two opportunistic diseases related to HIV and AIDS. (2mks)

(i)

(ii)

1. State two characteristics of a well made dart. (2mks)

(i)

(ii)

1. Give one point to bear in mind when cutting a worked button hole. (1mk)

**SECTION B**

1. (a) Explain three functions of fats and oils an the body. (3mks)

(b ) Explain how the following factors contribute to successful meal planning. (4mks)

(i) Nutritional balance

(ii) Climate

1. Texture
2. Individual requirements

© Draw a symbol for each of the following care instructions.

1. Hang to dry on a cloth line
2. Do not dry clean
3. Use iron o about 1200C.