)

FORM	3 HOMESCIENCE MID TERM EXAMINATION. TERM	M 1 2016.
Name:		adm. No:cla
1.	Explain five factors to consider when planning meals	;. (10mks
2.	Give an example of a two course meal.	(2mks
2.	Give all example of a two course mean	(
3.	Define food presentation and give what it involves.	(4mks
		,
4.	Give three commonly used style of meal service.	(3mks

5. Give three table etiquette which should be observed at all meal times. (3mks

6.	Explain three points to consider w	when preparing meal for elderly.	(6mks
7.	What is a recipe (2m	ıks	
8.	State four factors to consider wh	en planning packed meals.	(4mks
9.	Give five signs of pregnancy.	(5mks	
10.	Explain why the following nutrie	nts are increased in the body of a	n expectant mother.
i)	Extra iron	(8mks	
ii)	Calcium		
:::\	Drotains		
iii)	Proteins		

- iv) **Protective foods** Define antenatal care (prenatal care) 11(i)
- Explain five activities carried out in antenatal clinic. ii) (10mks

Give two uses of a shame (stem) for a button. **12**.

(2mks

13,	State three	points to	consider	when	choosing a	button.	(3mks
		gr serves & C	A 2	*****	the same property with the con-	25 OF C # C 1 1 1	101111/2

14. Explain three qualities of a well made button-holes.

(6mks