

**GATITU SECONDARY SCHOOL P.O. BOX 327 – 01030 GATUNDU  
FORM ONE TERM 3 MID-TERM EXAMS  
HOMESCIENCE**

**ANSWER ALL THE QUESTIONS IN THE SPACES**

1. Define the following terms (10 mks)
  - i. Cooking
  - ii. Tools
  - iii. Steaming
  - iv. Aflatoxins
  - v. Equipment
  
2. State five reasons for cooking food (5mks)
  
  
  
  
  
  
  
  
  
  
3. Explain two groups of cooking method and give any two examples of each (4mks)
  
  
  
  
  
  
  
  
  
  
4. Explain three factors to consider when choosing methods of cooking (6mks)
  
  
  
  
  
  
  
  
  
  
5. State three disadvantages of boiling method. (3mks)

6 i). State three advantages of Roasting food. (2mks)

ii) Give three types of food that may be roasted. (3mks)

7. State any two injuries that can occur in a sewing room (2mks)

8. State the functions of the following parts of sewing machine. (20mks)

- i. Spoon pin
- ii. Tension disc
- iii. Presser foot
- iv. Feed dog
- v. Take up lever
- vi. Bobbin case
- vii. A and wheel
- viii. Thread Guide
- ix. Stitch Length regulator

9. State three qualities of good tape measure (3mks)

10. State one use of a pin cushion (1mk)

11. State three type of needle used for sewing (3mks)

12. State three qualities of good pair of scissors (3mks)

13. List two sewing tools that are used to transfer marking (2mks)

14. State the function of the following tools

a) Seam ripper

b) Thimble

c) Pin