**GATITU MIXED SECONDARY SCHOOL**

**HOME SCIENCE FORM 2 END OF TERM EXAM 2 2015**

1. List four nutritional disorders associated with lifestyle. 2mks
2. Give four signs and symptoms of scurvy. 4mks
3. Give three effects of heat on proteins. 3mks
4. Name the nutritional disorder associated with each of the following. 3mks
5. Give the reason why leafy vegetables should be cooked in as little water as possible. 1mk
6. State three reasons for food fortification. 3mks
7. Proteins are made up of tiny building blocks known as 1mk
8. State the three main classes of foods. 3mks
9. Vitamin C is also known as 1mk
10. State three function of roughage in the diet. 3mks
11. Give two points to cook when buying spinach. 2mks
12. Define the term “night blindness” 2mks
13. State three functions of water in the body. 3mks
14. Name three communicable diseases. 3mks
15. List four conditions which encourage growth of micro organisms in food. 2mks
16. Define the tern First Aid. 1mk
17. ……………………………………………. Is a substance added to the final of rinsing water for synthetic fabrics to get rid of static electricity . 1mk
18. ……………………………………………… soaps have the highest oil content and are gentle to the skin. 1mk
19. A meal that contains all the nutrients required by the body is referred to as …………………………….