**NAME …………………………………………………… ADM NO…………………..**

**GATITU MIXED SECONDARY SCHOOL**

**HOME SCIENCE FORM 3 MID TERM EXAM 3 2014**

1. What do you understand by the term good hygiene? 1mk
2. Give two functions of sodium in the body? 2mks
3. State two disadvantages reheating food. 2mks
4. Highlight two characteristics of buffet service. 2mks
5. Identify a nutritional disorder associated with high consumption of each of the following:
6. Sugar
7. Fluorine
8. Give two reasons why butter is suitable for creaming in cake making. 2mks
9. Explain the following terms: 2mks
10. Inflation
11. Consumer rights
12. State two remedies for morning sickness during pregnancy. 2mks
13. Give two reasons why weaning a baby too early is discouraged. 2mks
14. Name two opportunistic diseases related to HIV and AIDS. 1mk
15. Give one reason for increasing iron in a lactating mother’s diet. 1mk
16. List two types of brushes used for removing dirt from surfaces in the home. 2mks
17. Define the term ventilation. 1mk
18. Name two insects which would cause poisonous stings. 1mk
19. Give two methods of sterilizing bath .1mk
20. Mention two physical changes in puberty that are unique to girls. 2mks
21. List two types of bleaches and give one example in each case. 2mks
22. Give another use of laundry blue on garments apart from whitening. 1mk
23. Arrange the following laundry processes in the collect order. 2mks

Stain removal

Steeping

Repairing

Sorting

1. Identify two types of ‘’eyes’’ used for completing the hook fastening in garment construction. 1mk
2. Mention three desirable qualities of fabrics for making P.E shorts. 3mks
3. State two temporary stitches used to hold fullness before making permanent stitches. 1mk
4. State two characteristics of a well made dart. 2mks
5. Give one point to bear in mind when cutting a worked button hole. 1mk
6. State two uses of fabric conditioners . 2mks

**SECTION B (20MKS) COMPULSORY**

1. You are planning to travel with your one year old sister. Give the procedure you would use to:
2. Clean the baby’s plastic cup you will use on the way 4 ½ mks
3. Clean an aluminium saucepan that was previously used to boil the baby’s milk; 5mks
4. Launder a coloured linen shirt with a fresh tea stain. 10 ½ mks

**SECTION C (40MKS)**

**ANSWER ANY TWO QUESTIONS IN THIS SECTION**

1. What do you understand by comparative shopping? 2mks
2. Identify four functions of the Kenya consumer association. 4mks
3. Explain three functions of fats and oils in the body. 6mks
4. Explain how the following factors contribute to successful meal meal planning: 8mks
5. Nutritional balance;
6. Climate;
7. Texture;
8. Individual requirements;
9. Explain three processes to be carried out on a fabric before laying out patterns. 6mks
10. Outline five processes carried out on the skirt of an apron with a bib in readiness for attachment.5mks
11. Highlight five reasons why timely repair of household articles is important.5mks
12. Draw a symbol for each of the following care instructions: 4mks
13. Handwash with temperature the hand can withstand;
14. Hang, to dry on a clothe’s line;
15. Do not dry clean;
16. Use a cool iron of about 120c
17. **State**  three three factors to consider when setting a table. 3mks
18. Outline six precautions to take when using electrical appliances in the home.6mks
19. Identify five activities carried out in the management of amoebic dysentery.5mks
20. Highlight six points to observe when looking after a sick person. 6mks