

**GATITU SECONDARY SCHOOL, P.O. BOX 327 – 01030, GATUNDU.**  
**FORM 1 HOMESCIENCE. END OF TERM I EXAMINATION. 2016.**

Answer all the questions.

1. Define the following terms. (10mks)
  - i) Homescience
  - ii) Balanced diet
  - iii) laundry
  - iv) good grooming
  - v) Dandruff
2. Give three measures which may prevent the occurrence of athletes foot. (3mks)
3. Give three points to consider when buying a pair of shoes. (3mks)
4. Suggest two causes of cracks on feet. (2mks)

5. Mention four physical changes in puberty adolescent stage that are unique to girls. (4mks

6. Give two reasons why one should not share combs. (2mks

7. State two problems that may occur on the feet as a result of wearing tight fitting shoes. (2mks

8. Explain five practices necessary for maintaining healthy teeth. (10mks

9. State two functions of the following  
i) Sebaceous gland (6mks

14. State three ways in which a country with home science benefits. (6mks)
15. State three ways home science is benefits. (6mks)
16. State three ways home science is beneficial to the individual. (6mks)
17. Give the five areas studied in Home science. (5mks)
18. Give five various careers based in Home science. (5mks)
19. List five subjected related to Home science and explain how they are related. (15mks)

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

ii) Blood capillaries

iii) Nerve ending.

10. Give one function of sweat gland and explain why it is able to do it. (3mks)

11. Give three types of skin. (3mks)

12. State four function of the skin. (4mks)

13. Give five characteristics of a well groomed person. (5mks)